

Benjamins

60m	Lecot Andre	9.18	28/08/1999
80m	Topff Steve	12.52	21/04/1990
100m	Tielemans Kristof	15.04	12/08/1989
150m	Truyen Nico	24.59	20/05/1998
200m	Tielemans Kristof	31.85	24/04/1989
300m	Moens Alex	53.12	28/07/2007
400m	Tielemans Kristof	1.12.62	18/05/1989
600m	Moens Alex	1.58.27	26/05/2007
800m	Moens Alex	2.41.89	23/06/2007
1000m	Moens Alex	3.32.89	04/08/2007
60m H	Courier Erik	13.98	22/07/1989
4x400m	NH	5.26.29	22/06/1988
Hoogspringen		1.10m	12/08/1995
Verspringen	Tielemans Kristof	3.78m	30/08/1989
Kogelstoten	Janssens Tias	9.56m	02/07/2010
Hockeybal	Van Bockstaele Maarten	15.68m	12/07/2008

Pupillen

60m	Coppens Arno	8.57	21/05/2011
80m	Lecot Andre	11.90	30/08/2000
100m	Lis Thomas	14.23	11/08/2007
150m	Lis Thomas	21.66	16/05/2007
200m	Lis Thomas	29.67	06/06/2007
300m	Moens Alex	48.76	25/07/2009
400m	Janssens Tias	1.07.49	09/05/2012
600m	Lis Thomas	1.43.58	24/06/2007
800m	Dircken Lander	2.30.99	27/06/1996
1000m	Lis Thomas	3.12.72	04/08/2007
4x60m	NH	40.64	16/09/1990
4x200m	NH	2.14.70	01/05/1991
4x400m	NH	4.52.10	16/05/1990
4x800m	NH	11.59.00	29/05/1991
Hoogspringen	Lis Thomas	1.35m	01/06/2007
Verspringen	Lis Thomas	4.49m	27/06/2007
Kogelstoten	Janssens Tias	8.31m	28/07/2012
Discuswerpen	Janssens Tias	17.33m	30/06/2012
Hockeybal	Moens Alex	41.07m	09/05/2009

Miniemen

60m	Lis Thomas	8.40	31/05/2008
80m	Vissers Bob	10.40	28/07/2006
100m	Daems Raf	13.40	05/05/1984
150m	Vissers Bob	20.56	22/07/2006
200m	Vissers Bob	27.18	05/08/06
300m	Vissers Bob	43.92	22/07/2006
400m	Segers Filip	1.02.22	28/08/1991
600m	Van Bockstaelen Maarten	1.42.61	16/05/2009
800m	Vertessen Mathias	2.22.93	05/06/2009
1000m	Foubert Sven	3.07.59	10/07/1993
1mijl	Van Bockstaele Maarten	5.40.21	10/08/2011
4x400m	NH	4.44.60	16/05/1990
4x800m	NH	11.17.79	29/05/1991
Hoogspringen	Börer Tom	1.40m	22/06/2008
Verspringen	De Pre Dave	4.89m	03/05/1986
Speerwerpen	Foubert Sven	29.14m	14/08/1993
Kogelstoten	Vertessen Mathias	9.71m	01/08/2009
Discuswerpen	Foubert Sven	18.64m	26/06/1993

Kadetten

60m	Lecot Andre	7.51	04/05/2005
100m	Lecot Andre	11.96	26/06/2006
150m	Truyen Nico	18.97	30/07/2005
200m	Segers Filip	24.78	19/09/1998
300m	Morbé Thomas	41.47	28/05/2003
400m	Segers Filip	55.25	14/08/1993
600m	Mesens ben	1.37.00	05/07/2008
800m	Vertessen Mathias	2.10.38	21/05/2011
1000m	Van Oerle Len	2.55.64	05/06/1996
1500m	Morbé Thomas	4.43.90	05/07/2003
1500 Stpl	Bellefroid Jasper	6.42.05	19/07/1997
1 Mijl	Morbé Thomas	5.12.29	25/06/2003
2000m	Van Oerle Len	6.40.33	08/06/1996
3000m	Van Oerle Len	10.08.69	14/06/1996
5000m	Foubert Sven	18.53.54	26/08/1995
Uurloop	Schoenmaekers Erik	15.067m	25/07/1984
200m H	Coppens Arno	36.46	29/06/2014
300m H	Coppens Arno	55.55	13/07/2014
4x200m	NH	1.55.80	01/05/1991
4-3-2-1	NH	2.40.51	25/06/1997
Hoogspringen	Segers Filip	1.50m	19/09/1993
Verspringen	Segers Filip	5.68m	10/07/1993
Speerwerpen	Van oerle Len	21.29m	10/05/1996
Kogelstoten	Segers Filip	10.81m	31/07/1993
Discuswerpen	Simons Stefan	31.23m	26/08/2006
HSS	Van Oerle Len	9.90m	24/05/1995

Scholieren

60m	Schoetes Kim	7.31	11/06/1993
100m	Vlemincs Kevin	11.59	30/07/2004
150m	Schoeters Kim	18.13	14/05/1993
200m	Brans patrick	23.99	19/05/1982
300m	Mesens Ben	38.30	12/05/2010
400m	Mesens Ben	53.38	09/07/2010
600m	Mesens Ben	1.27.56	17/07/2010
800m	Mesens Ben	2.02.60	07/08/2010
1000m	Mesens Ben	2.44.22	22/05/2010
1500m	Morbé Thomas	4.27.75	12/05/2005
1 Mijl	Deparcq Pieter	4.53.48	05/08/2000
2000m	Morbé Thomas	6.15.70	06/08/2005
2000 Stpl	Foubert Dave	7.48.08	05/08/1995
3000m	Gÿselinck Tom	09.23.84	30/05/2009
5000m	Foubert Dave	18.01.64	31/08/1996
Uurloop	De Beuckelaer Eddy	12.760m	25/07/1984
110m H	Seghers Filip	19.56	15/07/1994
400m H	Mesens Ben	1.04.94	19/06/2010
4x200m	NH	1.46.29	05/07/2000
Hoogspringen	Vlemincs Kevin	1.61m	29/08/2004
Verspringen	Schoeters Kim	5.87m	08/08/1993
Speerwerpen	Van Oerle Len	42.44m	23/08/1997
Kogelstoten	Courier Erik	11.28m	04/08/1996
Discuswerpen	Simons Stefan	31.75m	25/07/2008
HSS	Van Oerle Len	11.46m	07/05/1997

Juniors

60m	Simons Stefan	7.42	20/05/2009
100m	Van Tiegem Jan	11.04	17/08/1985
150m	Schoeters Kim	17.40	11/05/1994
200m	Schoeters Kim	23.25	23/08/1995
300m	Schoeters Kim	36.00	24/05/1995
400m	Schoeters Kim	51.37	13/08/1995
600m	Mesens Ben	1.25.62	02/07/2011
800m	Wouters Steven	2.00.25	30/08/1997
1000m	Wouters Steven	2.38.54	30/06/1996
1500m	Schuurman Roger	4.14.29	10/09/1988
1 Mijl	De Beuckelaer Eddy	4.38.79	14/06/1986
2 Mijl	Peeters Reinout	11.22.77	07/07/2007
2000m	De Beuckelaer Eddy	5.53.29	27/06/1985
3000m	De Beuckelaer Eddy	9.05.89	19/06/1985
3000 Stpl	Foubert Dave	11.27.60	30/08/1997
5000m	Wouters Steven	16.30.28	01/09/1996
10000m	Van Dyck Tom	37.33.39	06/09/2000
Uurloop	Hertogs Guido	15.665m	31/07/1985
110m H	Magielsen Peter	22.39	04/05/1985
200m H	Coppens Olivier	33.24	29/06/2014
400m H	Simons Stefan	1.05.21	19/06/2010
4x100m	NH	48.69	30/08/1997
4x400m	NH	3.41.87	23/08/1997
4-3-2-1	NH	2.08.55	25/06/1997
Hoogspringen	Broecks Dimitri Simons Stefan	1.60m	04/07/2009 21/08/2010
Verspringen	Schoeters Kim	6.23m	23/04/1994
Speerwerpen	Foubert Sven	48.02m	12/09/1998
Kogelstoten	Broecks Dimitri	11.72m	03/07/2009
Discuswerpen	Simons Stefan	33.00m	21/08/2010
HSS	Simons Stefan	11.21m	09/07/2010

Seniors

60m	Van Den Bergh Pieter	7.60	12/05/1999
100m	Schoeters Kim	11.09	25/07/1998
150m	Simons Stefan	17.64	28/07/2012
200m	Schoeters Kim	23.18	27/07/1996
300m	Schoeters Kim	35.86	14/06/1996
400m	Schoeters Kim	50.35	01/09/1996
600m	Van Dyck Dries	1.24.77	05/07/2008
800m	Carpentier Danny	1.56.89	10/07/1988
1000m	Wouters Steven	2.35.58	27/06/1998
1500m	Kools J.P	4.01.20	18/06/1988
1 Mijl	Frank Bruno	2.24.49	13/05/1989
2 Mijl	Van Dyck Tom	9.56.47	01/02/2011
2000m	Van Dyck Tom	5.44.90	03/06/2006
3000m	Gerrits Frank	8.47.20	10/09/1988
3000 Stpl	Van Dyck Dries	10.33.51	04/08/2012
5000m	Ahmadi Abdessadek	15.23.34	04/06/1999
10000m	Van Dyck Tom	32.55.87	26/07/2014
Uurloop	Pauwels Percy	17.226m	26/06/1996
110m H	Delbaere Willy	15.45	23/08/1987
400m H	Simons Stefan	1.04.93	15/07/2012
4x100m	NH	47.09	4/05
4x200m	NH	1.39.84	06/08/2011
4x400m	NH	3.37.72	04/08/2012
4x1500m	NH	18.56.89	04/07/1984
4-3-2-1	NH	2.10.72	23/07/2011
Hoogspringen	Carpentier Danny	1.80m	13/08/1988
Verspringen	Van oerle Paul	6.90m	23/08/1975
Speerwerpen	Foubert Sven	51.30m	12/05/2000
Kogelstoten	Delbaere Willy	11.90m	31/08/1996
Discuswerpen	Delbaere Willy	34.30m	17/07/1985
HSS	Simons Stefan	11.08m	25/06/2011
200m H	Thoen Stephen	31.78m	30/06/2013

Masters +40

60m	Vertessen Werner	7.95	20/05/2009
100m	Vertessen Werner	12.43	31/05/2005
150m	Vertessen Werner	19.43	23/07/2011
200m	Vertessen Werner	25.18	30/08/2008
300m	Vertessen Werner	40.65.	20/05/2009
400m	Vertessen Werner	55.83	22/06/2008
600m	Vertessen Werner	1.34.05	05/07/2008
800m	Vertessen Werner	2.12.45	05/06/2009
1000m	Dierckx Ivo	2.45.29	09/08/1989
1500m	Pauwels Percy	4.32.60	30/06/2007
1 Mijl	Pauwels Percy	4.48.25	14/07/2007
2 Mijl	De Beuckelaer Eddy	11.35.91	05/07/2008
2000m	Pauwels Percy	6.15.14	03/06/2006
3000m	Hertogs Guido	9.49.34	30/08/2009
3000 Stpl	Verbrugge Dirk	10.27.59	14/07/1990
5000m	Pauwels Percy	16.27.62	16/07/2005
10000m	Hertogs Guido	35.23.83	24/08/2008
110m H	Van Heurck Ward	20.99	15/04/1989
200m H	Coppens Rudy	35.34	29/06/2014
1uur	Hertogs Guido	15174	10/9/2016
4x100m	NH	50.94	28/08/2001
4x200m	NH	1.49.40	24/08/2003
4x400m	NH	3.57.79	22/08/2004
4x800m	NH	9.11.55	23/08/2003
4x1500m	NH	18.46.99	04/07/1984
4-3-2-1	NH	2.27.78	25/06/1997
Hoogspringen	De Beuckelaer Eddy	1.35m	21/08/2010
Verspringen	Vertessen Werner	4.93m	23/08/2008
Speerwerpen	Buyle Hector	30.18m	20/08/2006
Kogelstoten	Buyle Hector	11.56m	27/0/2005
Discuswerpen	Buyle Hector	30.69m	26/08/2006

Masters +50

60m	Vanleene Dirk	8.13	16/05/2007
100m	Kloeck Eric	12.94	24/05/2008
150m	Vanleene Dirk	19.70	28/07/2007
200m	Vanleene Dirk	26.35	02/06/2006
300m	Kloeck Eric	41.18	26/07/2008
400m	Kloeck Eric	58.12	23/08/2008
600m	Kloeck Eric	1.34.52	04/07/2009
800m	Kloeck Eric	2.09.31	01/08/2009
1000m	Kloeck Eric	2.53.42	27/06/2009
1500m	Kloeck Eric	4.36.34	10/07/2009
1 Mijl	Kloeck Eric	5.00.25	27/07/2009
2 Mijl	Geudens Jan	11.10.96	07/07/2007
2000m	Geudens Jan	6.47.81	16/06/2012
3000m	Kloeck Eric	9.56.36	04/06/2008
3000 Stpl	Matthijssens Marc	14.13.34	27/08/2006
5000m	Plasmans Maurice	16.24.00	14/08/1991
10000m	Plasmans Maurice	34.43.90	16/09/1994
300m H	Van Impe Frank	54.50	15/07/2012
400m H	Verhaegen Jan	82.60	20/06/2009
1uur	Bruggemans Marc	13019m	10/9/2016
4x100m	NH	56.59	30/08/1997
4x400m	NH	4.13.07	25/06/2008
4x800m	NH	9.41.68	24/06/2009
4-3-2-1	Nh	2.32.01	23/06/2004
Hoogspringen	Van Impe Frank	1.55m	26/08/2006
Verspringen	Van Impe Frank	4.82m	18/08/2007
Speerwerpen	Van Impe Frank	38.85m	21/08/2005
Kogelstoten	Van Impe Frank	11.75m	23/04/2011
Discuswerpen	Van Impe Frank	33.97m	01/06/2011
HSS	Van Impe Frank	10.03m	25/06/2011